



## Activities of

### Incubation Centre on Fruits and Vegetable based Products

#### List of Activities:

**Event Type:** Exhibition

**Event Name:** Exhibition of Organic Food Products

**Date:** 17<sup>th</sup> April, 2024

**No. of students:** 25

**Description of Event:** Department of Food Processing has organized Exhibition of Organic Food Products on 17<sup>th</sup> April, 2024. Organic food has higher nutritional content than chemical-rich foods. They contain more vitamins and minerals. The nutrients present in organic food can be beneficial in preventing dangerous diseases like heart diseases, blood pressure problems, migraine, diabetes and cancer. To aware people about the health benefits of organic foods department of Food Processing organized Exhibition of Organic Food Products. Students and teachers of various schools attended this exhibition and enhanced their knowledge about organic food products.

**Impact of the Activity:** During the exhibition students displayed the organic and fortified food products that have numerous health benefits. Students also convey their message and motive behind developing these food products to the people that attend the exhibition.



# GURU NANAK COLLEGE BUDHLADA

Under the Management of Shiromani Gurdwara Parbandhak Committee, Sri Amritsar Sahib

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