



# GURU NANAK COLLEGE BUDHLADA

Under the Management of Shiromani Gurdwara Parbandhak Committee, Sri Amritsar Sahib

**NAAC ACCREDITED "A++" GRADE**

## Capacity building and skills enhancement initiatives: Language and Communication Skills

Sr. No	Name of the capability enhancement program	Date of implementation (DD-MM-YYYY)	Number of students enrolled	Name of the agencies/consultants involved with contact details (if any)
1	Lecture on public speaking skills	11-09-2023	35	Department of English
2	Seminar on Active Listening	10-11-2023	101	Department of Computer Science
3	Programme to Ace Interview Skill	26-10-2023	30	Department of Computer Science
4	How to pronounce Devanagari Script Correctly	24-11-2023	33	Department of Hindi
5	One-month CPBFI by Bajaj FinServ	13-03 to 6-04, 2024	38	Department of Commerce and Management
6	Presentation and public speaking skills to develop confidence	21-03-2024	65	Department of Science
7	How to improve your Spoken English	23-02-2024	21	Department of Library Science



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## Activity no. 1

**Event Type:** Lecture

**Event Name:** Workshop on 'Public Speaking Skills'

**Date:** 11 September 2023

**Speaker:** A.P. Harjinder Kaur (Department of English)

**No. Of Participants:** 35

**Description:** A Workshop on the importance of Public Speaking was conducted by the Department of English in which 35 Students participated with great zeal and passion along with the staff members. The Keynote speaker of this lecture was A.P. Harjinder Kaur from department of English.

**Impact:** The impact of a lecture on public speaking is transformative, equipping individuals with the skills, confidence, and mindset needed to communicate effectively and make a lasting impression in any speaking engagement. Participants emerge with newfound confidence, enhanced communication skills, and a deeper understanding of effective public speaking techniques. They learn to craft compelling narratives, captivate audiences, and deliver presentations with poise and authority.

**GURU NANAK COLLEGE BUDHLADA**  
Department of English  
Is going to organize a One day workshop  
On  
PUBLIC SPEAKING SKILLS

Keynote Speaker:- Harjinder Kaur (A.P. OF ENGLISH DEPARTMENT)

DATE:- 11 September 2023  
Venue:- room no. 48(New building)  
Time:- 12:00 PM

HOD:- Dr. Rupinderjeet Kaur

Principal:- Dr. Narinder Singh



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## NOTICE

GURU NANAK COLLEGE BUDHLADA

DEPARTMENT OF ENGLISH

The Department of English is going to One day workshop on Public Speaking skills by A.P. Harjinder Kaur (department of English) on 11<sup>th</sup> September 2023 . All the students are invited to join this workshop at 12:00 pm . The purpose of this workshop is to enhance speaking skills among students.

Thanks

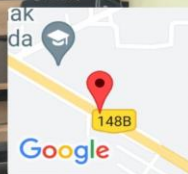




# GURU NANAK COLLEGE BUDHLADA

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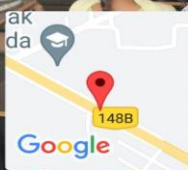
**NAAC ACCREDITED "A++" GRADE**



Talwandi, Punjab, India

WHM9+4JR, Talwandi, Budhlada, Punjab 151502, India

Lat 29.932502° Long 75.568888°  
11/09/23 01:59:25 PM



Talwandi, Punjab, India

WHM9+4JR, Talwandi, Budhlada, Punjab 151502, India

Lat 29.932499° Long 75.568884°  
11/09/23 01:58:14 PM







# GURU NANAK COLLEGE BUDHLADA

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Sr.No	Student Name	Class	Student Signature
1	Ramandeep Singh	A.A.	Ramandeep Singh
2	Ramandeep Singh	"	Ramandeep Singh
3	Harmanjit Singh	"	Harmanjit Singh
4	Sukhpal Singh	"	Sukhpal Singh
5	Agarwal Singh	"	Agarwal Singh
6	Bhola Singh	"	Bhola Singh
7	Adarsh Singh	"	Adarsh Singh
8	Hardeep Singh	"	Hardeep Singh
9	Radhika	"	Radhika
10	Amrit Singh	"	Amrit Singh
11	Rajinder Singh	"	Rajinder Singh
12	Ramandeep Singh	"	Ramandeep Singh
13	Lovepreet Singh	"	Lovepreet Singh
14	Gagandeep Singh	"	Gagandeep Singh
15	Manpreet Singh	"	Manpreet Singh
16	Satgur Singh	"	Satgur Singh
17	Balwinder Singh	"	Balwinder Singh
18	Shekhar Singh	"	Shekhar Singh
19	Ramandeep Singh	"	Ramandeep Singh
20	Jasvinder Singh	"	Jasvinder Singh
21	Lakshmi Singh	"	Lakshmi Singh
22	Ganika Singh	"	Ganika Singh
23	Manpreet Singh	"	Manpreet Singh
24	Chhila Jindal	"	Chhila Jindal
25	Satish	"	Satish
26	Chhanderpreet Singh	"	Chhanderpreet Singh
27	Amandeep	"	Amandeep
28	Harman Singh	"	Harman Singh
29	Ramandeep Singh	"	Ramandeep Singh
30	Karan Singh	"	Karan Singh
31	Paramjeet Singh	"	Paramjeet Singh
32	Muskanpreet Singh	"	Muskanpreet Singh
33	Shalini	"	Shalini
34	Charanjit Singh	"	Charanjit Singh
35	Balbir Singh	"	Balbir Singh
36	Simran Mehta	"	Simran Mehta
37	Simranpreet Singh	"	Simranpreet Singh
38	Ramandeep Singh	"	Ramandeep Singh
39	Paramjeet Singh	"	Paramjeet Singh
40	Babli	B.A.	Babli

Dept. of English  
Guru Nanak College  
Budhlada (Mansa)



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## Activity no. 2

**Name of Activity:** Seminar on Active Listening

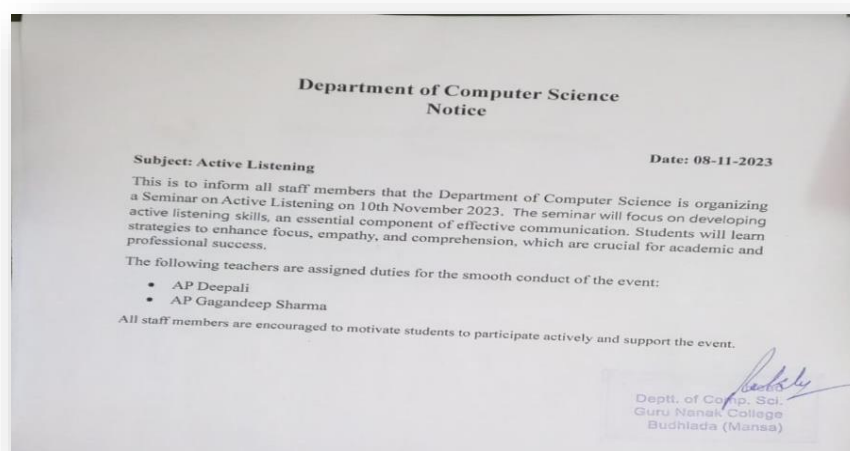
**Date:** 10<sup>th</sup> November 2023

**Number of Participants:** 101

**Keynote Speaker:** AP Harjinder Kaur

## Description:

The Department of Computer Science organized an insightful Seminar on Active Listening on 10th November 2023. The seminar aimed to enhance participants' understanding of the critical role of active listening in effective communication and problem-solving. Through interactive sessions and practical exercises, attendees explored techniques to improve focus, empathy, and comprehension in conversations. With a participation of 101 individuals, the event successfully fostered valuable skills essential for both personal and professional growth.





# GURU NANAK COLLEGE BUDHLADA

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GPS Map  
Camera Lite

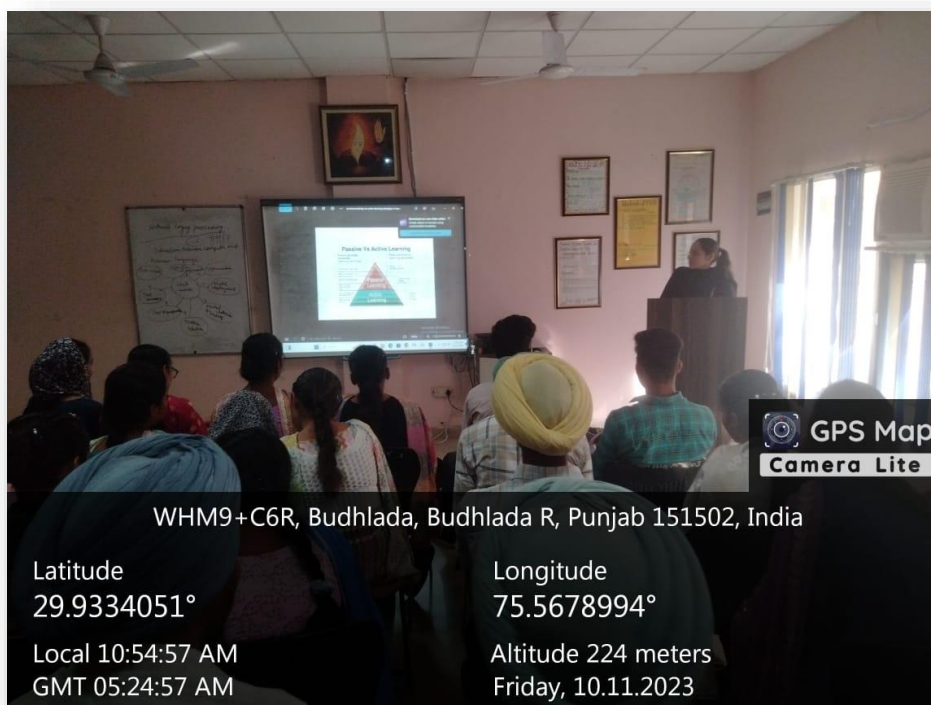
WHM9+C6R, Budhlada, Budhlada R, Punjab 151502, India

Latitude  
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Longitude  
75.56828262°

Local 10:55:24 AM  
GMT 05:25:24 AM

Altitude 224 meters  
Friday, 10.11.2023



GPS Map  
Camera Lite

WHM9+C6R, Budhlada, Budhlada R, Punjab 151502, India

Latitude  
29.9334051°

Longitude  
75.5678994°

Local 10:54:57 AM  
GMT 05:24:57 AM

Altitude 224 meters  
Friday, 10.11.2023





# GURU NANAK COLLEGE BUDHLADA

Under the Management of Shiromani Gurdwara Parbandhak Committee, Sri Amritsar Sahib

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ATTENDANCE SHEET			
Topic: <u>Active Listening</u>			
Sr. No.	Roll No.	Student Name	Signature
45	1279	Kamaldeep Kaur	Kamaldeep Kaur
46	1278	Ashdeep Singh	Ashdeep Singh
47	1277	Yashdeep Singh	Yashdeep Singh
48	1276	Harpur Sharma	Harpur Sharma
49	1275	Pavni	Pavni
50	1274	Amritpal Singh	Amritpal Singh
51	1273	Harjit Kaur	Harjit Kaur
52	1272	Sukhdeep Singh	Sukhdeep Singh
53	1271	Nishi Kaur	Nishi Kaur
54	1270	Sandeep Kaur	Sandeep Kaur
55	1269	Bhup Singh	Bhup Singh
56	1268	Simranpreet Kaur	Simranpreet Kaur
57	1267	Harmanpreet Singh	Harmanpreet Singh
58	1266	Anu Kaur	Anu Kaur
59	1265	Sandeep Singh	Sandeep Singh
60	1264	Rashmi Kaur	Rashmi Kaur
61	1263	Sukhmanpreet Singh	Sukhmanpreet Singh
62	1262	Pavni	Pavni
63	1261	Simranpreet Singh	Simranpreet Singh
64	1260	Sukhpreet Kaur	Sukhpreet Kaur
65	1259	Kuldeep Kaur	Kuldeep Kaur
66	1258	Lokeshpreet Singh	Lokeshpreet Singh
67	1257	Yashdeep Singh	Yashdeep Singh
68	1256	Chhavi	Chhavi
69	1255	Chhavi	Chhavi
70	1254	Chhavi	Chhavi
71	1253	Chhavi	Chhavi
72	1252	Chhavi	Chhavi
73	1251	Chhavi	Chhavi
74	1250	Chhavi	Chhavi
75	1249	Chhavi	Chhavi
76	1248	Chhavi	Chhavi
77	1247	Chhavi	Chhavi
78	1246	Chhavi	Chhavi
79	1245	Chhavi	Chhavi
80	1244	Chhavi	Chhavi
81	1243	Chhavi	Chhavi
82	1242	Chhavi	Chhavi
83	1241	Chhavi	Chhavi
84	1240	Chhavi	Chhavi
85	1239	Chhavi	Chhavi
86	1238	Chhavi	Chhavi
87	1237	Chhavi	Chhavi
88	1236	Chhavi	Chhavi

Head  
Deptt. of Comp. Sci.  
Guru Nanak College  
Budhlada (Mansa)

ATTENDANCE SHEET			
Topic: <u>How to Solve the Problems</u>			
Sr. No.	Roll No.	Student Name	Signature
1	1235	Adarsh	Adarsh
2	1234	Adarsh	Adarsh
3	1233	Adarsh	Adarsh
4	1232	Adarsh	Adarsh
5	1231	Adarsh	Adarsh
6	1230	Adarsh	Adarsh
7	1229	Adarsh	Adarsh
8	1228	Adarsh	Adarsh
9	1227	Adarsh	Adarsh
10	1226	Adarsh	Adarsh
11	1225	Adarsh	Adarsh
12	1224	Adarsh	Adarsh
13	1223	Adarsh	Adarsh
14	1222	Adarsh	Adarsh
15	1221	Adarsh	Adarsh
16	1220	Adarsh	Adarsh
17	1219	Adarsh	Adarsh
18	1218	Adarsh	Adarsh
19	1217	Adarsh	Adarsh
20	1216	Adarsh	Adarsh
21	1215	Adarsh	Adarsh
22	1214	Adarsh	Adarsh
23	1213	Adarsh	Adarsh
24	1212	Adarsh	Adarsh
25	1211	Adarsh	Adarsh
26	1210	Adarsh	Adarsh
27	1209	Adarsh	Adarsh
28	1208	Adarsh	Adarsh
29	1207	Adarsh	Adarsh
30	1206	Adarsh	Adarsh
31	1205	Adarsh	Adarsh
32	1204	Adarsh	Adarsh
33	1203	Adarsh	Adarsh
34	1202	Adarsh	Adarsh
35	1201	Adarsh	Adarsh
36	1200	Adarsh	Adarsh
37	1199	Adarsh	Adarsh
38	1198	Adarsh	Adarsh
39	1197	Adarsh	Adarsh
40	1196	Adarsh	Adarsh
41	1195	Adarsh	Adarsh
42	1194	Adarsh	Adarsh
43	1193	Adarsh	Adarsh
44	1192	Adarsh	Adarsh

Head  
Deptt. of Comp. Sci.  
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ATTENDANCE SHEET			
Topic:	How to solve the problems		
Sr. No.	Roll No	Student Name	Signature
1	1266	Balwinder Singh	Balwinder Singh
2	1239	Sukhjit Singh	Sukhjit Singh
3	1219	Vikramjeet Singh	Vikramjeet Singh
4	1277	Luxpreet Singh	Luxpreet Singh
5	1288	Harpreet Singh	Harpreet Singh
6	10960	Hassam Khan	Hassam Khan
7	10925	Satveer Kaur	Satveer Kaur
8	10907	Tajinder	Tajinder
9	1283	Sawarn Singh	Sawarn Singh
10	16101	Pandeep Singh	Pandeep Singh
11	16105	Shajpreet Kaur	Shajpreet Kaur
12	16114	Gurpreet Singh	Gurpreet Singh
13	16128	Arshdeep Sharma	Arshdeep Sharma
14	16129	Parnet Kaur	Parnet Kaur
15	1104	Sukhvirinder Singh	Sukhvirinder Singh
16	1133	Gurpreet Singh	Gurpreet Singh
17	1130	Meharpreet Kaur	Meharpreet Kaur
18	1113	Preet Singh	Preet Singh
19	1147	Nikki Kaur	Nikki Kaur
20	1129	Aruna Khan	Aruna Khan
21	1118	Shubh Singh	Shubh Singh
22	1117	Harkirat Singh	Harkirat Singh
23	1121	Puneet	Puneet
24	1161	Harpreet Kaur	Harpreet Kaur
25	16113	Hameet Kaur	Hameet Kaur
26	16100	Nareesh Kaur	Nareesh Kaur
27	16140	Kamalpreet Kaur	Kamalpreet Kaur
28	1142	Anshu Singh	Anshu Singh
29	1144	Parnvirinder Singh	Parnvirinder Singh
30	1125	Sanket Singh	Sanket Singh
31	1132	Bhikar Singh	Bhikar Singh
32	1122	Nayot Singh	Nayot Singh
33	16120	Subpreet Kaur	Subpreet Kaur
34	16136	Deepak	Deepak
35	1158	Laddi Singh	Laddi Singh
36	1163	Kapoor Kaur	Kapoor Kaur
37	1110	Nayot Kaur	Nayot Kaur
38	1145	ASH	ASH
39	1101	Naveeta	Naveeta
40	1116	Pandeep Singh	Pandeep Singh
41	1172	Yara	Yara
42	1105	Sammeera	Sammeera
43	1135	Meharpreet K	Meharpreet K
44	1171	Tajinder Kaur	Tajinder Kaur

Prof. J. S. Singh  
Deptt. of Computer Sci.  
Guru Nanak College  
Budhlada (Mansa)



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## Activity no. 3

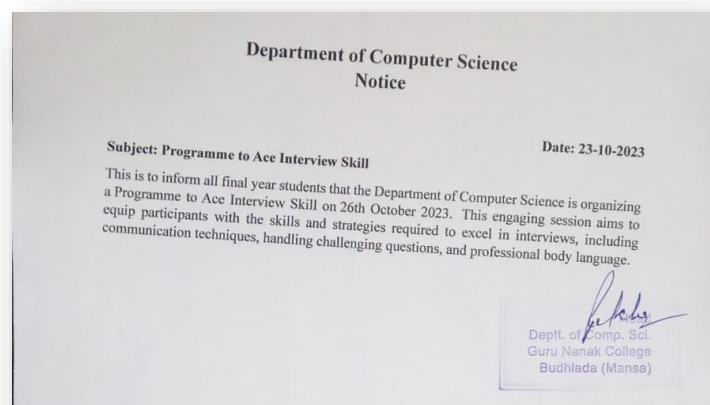
**Name of Activity:** Programme to Ace Interview & Communication Skills

**Date:** 26<sup>th</sup> October 2023

**Number of Participants:** 30

## Description:

The Department of Computer Science organized an engaging session titled "Programme to Ace Interview Skills" on 26th October 2023. The programme aimed to equip students with essential techniques and strategies to excel in interviews. It featured expert-led discussions on communication, body language, and handling challenging questions, alongside mock interview sessions. The interactive and practical approach was highly appreciated by participants, empowering them with confidence and the skills needed to succeed in professional settings.





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## Department of Computer Science Notice

Date: 23-10-2023

### Subject: Programme to Ace Interview Skill

This is to inform all teachers that the Department of Computer Science is organizing a Programme to Ace Interview Skill on 26th October 2023. This engaging session aims to equip participants with the skills and strategies required to excel in interviews, including communication techniques, handling challenging questions, and professional body language.

The following teachers are assigned duties for the smooth conduct of the event:

- AP Sandhya Vats
- AP Amandeep Kaur
- AP Kiranpal Kaur

All staff members are encouraged to motivate students to participate actively and support the event.

*[Signature]*  
Head  
Deptt. of Comp. Sci.  
Guru Nanak College  
Budhlada (Mansa)





ATTENDANCE SHEET			
Topic: Ace Your Interview SKKD			
Sr. No.	Roll No	Student Name	Signature
1	16102	Akashdeep Singh	Akashdeep Singh
2	16109	Rah	Rah
3	16128	Kumar J Kumar	Kumar J Kumar
4	16146	Komaldeep Kaur	Komaldeep Kaur
5	1710	Navjot Kaur	Navjot Kaur
6	1120	Manish Kumar	Manish
7	1122	Hakhy Singh	Hakhy Singh
8	1132	Bachal Singh	Bachal Singh
9	1133	Gurpreet Singh	Gurpreet Singh
10	1172	Yashin	Yashin
11	10920	Jasvi Begam	Jasvi
12	10939	Sukhi Kaur	Sukhi
13	10910	Gurpreet Singh	Gurpreet Singh
14	10923	Gurpreet Singh	Gurpreet Singh
15	10922	Veerjit Kaur	Veerjit Kaur
16	1964	Jaspreet Singh	Jaspreet Singh
17	1956	Bachal Singh	Bachal Singh
18	1952	Jaspreet Kaur	Jaspreet Kaur
19	1063	Komal Kaur	Komal Kaur
20	1058	Gagandeep Kaur	Gagandeep Kaur
21	1065	Hilal	Hilal
22	10551	Komaldeep Kaur	Komaldeep Kaur
23	2002	Manjot Singh	Manjot Singh
24	2012	Preet Singh	Preet Singh
25	2014	Vivek Singh	Vivek Singh
26	2006	Manish Kaur	Manish Kaur
27	2033	Sukhinder Singh	Sukhinder Singh
28	2028	Harman Singh	Harman Singh
29	2037	Komaldeep Kaur	Komaldeep Kaur
30	2060	Pavithra Singh	Pavithra Singh

*(Signature)*  
 Deptt. of Comp. Sci.  
 Guru Nanak College  
 -Budiada (Mansa)



## Activity No. 4

**विषय-** देवनागरी लिपि का शुद्ध उच्चारण कैसे करें

**विवरण** – विद्यार्थियों को देवनागरी लिपि के उच्चारण व प्रयोग में आ रही समस्याएं के निवारण हेतु उचित प्रावधान दिए गए। विद्यार्थियों को लिपि उच्चारण व लिखने से संबंधित आने वाली सामान्य समस्याओं को दूर करने के लिए दिए विभिन्न नियमों के पालन के सुझाव दिए गए।

**वक्ता** - डॉ. गुरजीत कौर

हिन्दी विभाग

गुरु नानक कॉलेज, बुढलाडा

**तिथि** – 24 नवम्बर, 2023

**उद्देश्य** - लिपि के शुद्ध उच्चारण, प्रभावशाली वार्तालाप और लेखन कार्य में विद्यार्थियों को निपुण बनाने का प्रयास।

**प्रतिभागी** – 33





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Event :- ਦੇਵਨਾਗਰੀ ਲਿਪਿ ਦੀ ਖੁਭ ਤੋਂ ਜਾਣਕਾਰੀ ਮੇਰੀ ਹੈ  
Date :- 24/11/2023

Guru Nanak College, Budhlada

Sr	Roll no	Student Name	Class	sign
1	3779	Khushdeep Kaur	B.A 3RD	Khushdeep Kaur
2	1386	Gurjeet Kaur	MA Pbi	Gurjeet Kaur
3	3667	Gurpreet Kaur	B.A III	Gurpreet Kaur
4	12167	Romandeep Kaur	M.A II	Romandeep Kaur
5	3694	Harpreet Kaur	B.A 3RD	Harpreet Kaur
6	1385	Jaspreet	M.A Pbi	Jaspreet
7	1386	Parvaneet Singh	M.A Hindi	Parvaneet Singh
8	12175	Gurpreet Singh	PCA Ist	Gurpreet Singh
9	3760	Harpreet Kaur	B.A III	Harpreet Kaur
10	2931	Ravleen Kaur	B.A I	Ravleen Kaur
11	2932	Romandeep Kaur	M.A III	Romandeep Kaur
12	3803	Parvaneet Singh	M.A Hindi	Parvaneet Singh
13	1807	Romandeep Kaur	MA Pbi	Romandeep Kaur
14	3756	Romandeep Kaur	BA Hindi	Romandeep Kaur
15	3757	Romandeep Kaur	B.A II	Romandeep Kaur
16	12171	Rupinder Kaur	B.Sc II	Rupinder Kaur
17	12170	Rupinder Kaur	B.Com I	Rupinder Kaur
18	12116	Rupinder Kaur	B.Com I	Rupinder Kaur
19	3673	Rupinder Kaur	BA Hindi	Rupinder Kaur
20	11121	Rupinder Kaur	B.A Hindi	Rupinder Kaur
21	11122	Rupinder Kaur	B.A Hindi	Rupinder Kaur
22	3634	Rupinder Kaur	BA Hindi	Rupinder Kaur
23	3622	Rupinder Kaur	BA Hindi	Rupinder Kaur
24	3561	Rupinder Kaur	BA Hindi	Rupinder Kaur
25	3562	Rupinder Kaur	M.A Hindi	Rupinder Kaur
26	12149	Rupinder Kaur	M.A Hindi	Rupinder Kaur
27	12150	Rupinder Kaur	M.A Hindi	Rupinder Kaur
28	1223	Rupinder Kaur	M.A Hindi	Rupinder Kaur
29	12131	Rupinder Kaur	M.A Hindi	Rupinder Kaur
30	13139	Rupinder Kaur	M.A Hindi	Rupinder Kaur
31	1340	Rupinder Kaur	M.A Hindi	Rupinder Kaur
32	1341	Rupinder Kaur	M.A Hindi	Rupinder Kaur
33				
34				
35				

Dr. P. Singh  
 Dept. Of Hindi  
 Guru Nanak College  
 Budhlada (Naraina)



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## Activity No. 05

**Activity Name: One-month CPBFI by Bajaj Finserv : Communication & Interview**

**Date: 13<sup>th</sup> March- 6<sup>th</sup> April, 2024**

**No. of Participants: 38**

Description: One-month CPBFI course was provided by Bajaj Finserv in Guru Nanak College, Budhlada from 13th March, 2024 to 6th April, 2024. The course was organized by Training Cell in collaboration with Department of Commerce and Management. Here the trainers from the company provided offline and online classes to final year students of B.Com, B.Com Honours and BBA which provided field knowledge of Banking, Finance and Insurance. The course also covered personality development training.







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## ਗੁਰੂ ਨਾਨਕ ਕਾਲਜ ਬੁਢਲਾਡਾ ਵਿਖੇ ਬਜਾਜ ਫਿਨਜ਼ਰਵ ਦੇ ਸਹਿਯੋਗ ਨਾਲ ਸਰਟੀਫਿਕੇਟ ਪ੍ਰੋਗਰਾਮ ਕੋਰਸ ਸ਼ੁਰੂ

ਗੁਰਵਿੰਦਰ ਸਿੰਘ ਚਹਿਲ, ਚੀਮਾ ਮੰਡੀ : ਸ਼੍ਰੋਮਣੀ ਗੁਰਦੁਆਰਾ ਪ੍ਰਬੰਧਕ ਕਮੇਟੀ ਦੀ ਸਫਲਤਾ ਪੂਰਵਕ ਚੱਲ ਰਹੀ ਵਿਦਿਅਕ ਸੇਵਾ ਗੁਰੂ ਨਾਨਕ ਕਾਲਜ ਬੁਢਲਾਡਾ ਵੱਲੋਂ ਭਾਰਤ ਦੀ ਜਾਣੀ-ਪਹਿਚਾਣੀ ਕੰਪਨੀ ਬਜਾਜ ਫਿਨਜ਼ਰਵ ਦੇ ਸਹਿਯੋਗ ਨਾਲ 42 ਦਿਨਾਂ ਦਾ ਬੈਂਕਿੰਗ, ਵਿੱਤ ਅਤੇ ਬੀਮਾ ਨਾਲ ਸਬੰਧਤ ਸਰਟੀਫਿਕੇਟ ਪ੍ਰੋਗਰਾਮ ਕੋਰਸ ਸ਼ੁਰੂ ਕੀਤਾ। ਉਦਘਾਟਨੀ ਸਬਦ ਬੋਲਦਿਆਂ ਪ੍ਰਿੰਸੀਪਲ ਡਾਕਟਰ ਨਰਿੰਦਰ ਸਿੰਘ ਨੇ ਦੱਸਿਆ ਕਿ ਇਹ ਟਰੇਨਿੰਗ ਕਾਮਰਸ ਵਿਭਾਗ ਦੇ ਵਿਦਿਆਰਥੀਆਂ ਲਈ ਹੈ ਇਸ ਨਾਲ ਵਿਦਿਆਰਥੀਆਂ ਵਿੱਚ ਰੁਜ਼ਗਾਰ ਦੀਆਂ ਸੰਭਾਵਨਾਵਾਂ ਪੈਦਾ ਹੋਣੀਆਂ ਹਨ ਅਤੇ ਵਿਦਿਆਰਥੀਆਂ ਲਈ ਸਵੈ ਰੁਜ਼ਗਾਰ ਦੇ ਮੌਕੇ ਪੈਦਾ ਹੋਣਗੇ। ਇਸ ਮੁਕਾਬਲੇ ਦੇ ਯੁੱਗ ਵਿੱਚ ਅਜਿਹੇ ਪ੍ਰੋਗਰਾਮ ਦੀ ਇਸ ਇਲਾਕੇ ਨੂੰ ਵੱਡੀ ਜ਼ਰੂਰਤ ਹੈ, ਇਸ ਨਾਲ ਜਿੱਥੇ ਟ੍ਰੇਨਿੰਗ ਲੈਣ ਵਾਲੇ ਵਿਦਿਆਰਥੀ ਬੈਂਕਿੰਗ, ਬੀਮਾ ਅਤੇ ਵਿੱਤ ਨਾਲ ਸਬੰਧਤ ਵਿਸ਼ੇਸ਼ਗਤਾ ਹਾਸਲ ਕਰਨਗੇ ਉਥੇ ਨਾਲ ਹੀ ਉਨ੍ਹਾਂ ਅੰਦਰ



ਸਮਾਜ/ਕੰਪਨੀਆਂ ਵਿੱਚ ਜਾ ਕੇ ਆਪਣੀ ਗੱਲ ਸੋਚਾਰ ਕਰਨ ਵਿੱਚ ਨਿਪੁੰਨਤਾ ਆਵੇਗੀ ਅਤੇ ਉਹ ਵੱਖ ਵੱਖ ਕੰਪਨੀਆਂ/ਉਦਯੋਗਾਂ ਵਿੱਚ ਜਾ ਕੇ ਆਪਣੀ ਗੱਲ ਰੱਖ ਸਕਣਗੇ ਅਤੇ ਨੌਕਰੀਆਂ ਮਿਲਣ ਵਿੱਚ ਸੌਖ ਹੋਵੇਗੀ। ਇਸ ਟ੍ਰੇਨਿੰਗ ਪ੍ਰੋਗਰਾਮ ਦੇ ਕੋਆਰਡੀਨੇਟਰ ਡਾ. ਤਨੂਪ੍ਰੀਤ ਕੌਰ ਨੇ ਦੱਸਿਆ ਕਿ ਇਸ ਪ੍ਰੋਗਰਾਮ

ਵਿੱਚ ਕਾਮਰਸ ਵਿਭਾਗ ਦੇ ਵਿਦਿਆਰਥੀ ਸ਼ਾਮਲ ਹਨ, ਉਨ੍ਹਾਂ ਕਿਹਾ ਕਿ ਸਾਡਾ ਉਦੇਸ਼ ਵਿਦਿਆਰਥੀਆਂ ਨੂੰ ਕਰੀਅਰ ਸਬੰਧੀ ਸਹੀ ਦਿਸ਼ਾ ਨਿਰਦੇਸ਼ ਦੇਣਾ ਹੈ ਤਾਂ ਜੋ ਵਿਦਿਆਰਥੀ ਭਵਿੱਖ ਵਿੱਚ ਸਫਲ ਹੋ ਸਕਣ। ਇਸ ਮੌਕੇ ਕਾਮਰਸ ਵਿਭਾਗ ਦੇ ਪ੍ਰੋਫੈਸਰ ਸਾਹਿਬਾਨ ਸ਼ਾਮਲ ਸਨ।





# GURU NANAK COLLEGE BUDHLADA

Under the Management of Shiromani Gurdwara Parbandhak Committee, Sri Amritsar Sahib

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Guru Nanak College, Budhlada  
CPBE by Bajaj Finserv  
Organised by  
Training and Development Cell in Collaboration with Department of Commerce and Management

Sr. No.	Name of Student	6/10/2024					
1	Amandeep Kaur	Amandeep Kaur					
2	Amarjeet Kaur	Amarjeet Kaur					
3	Gurpreet Kaur	Gurpreet Kaur					
4	Ramandeep Kaur	Ramandeep Kaur					
5	Ramandeep Kaur	Ramandeep Kaur					
6	Ranjit Singh	Ranjit Singh					
7	Tirth Kumar	Tirth Kumar					
8	Tarun Sharma	Tarun Sharma					
9	Maninder Kaur	Maninder Kaur					
10	Ramandeep Kaur	Ramandeep Kaur					
11	Jaspreet Kaur	Jaspreet Kaur					
12	Priya	Priya					
13	Sonia	Sonia					
14	Rajpreet Kaur	Rajpreet Kaur					
15	Deepak Kaur	Deepak Kaur					
16	Kusam Rani	Kusam Rani					
17	Husanpreet Kaur	Husanpreet Kaur					
18	Shivani	Shivani					
19	Nagur Gupta	Nagur Gupta					
20	Diksha	Diksha					
21	Manjinder	Manjinder					
22	Varun Singh	Varun Singh					
23	Anika Rani	Anika Rani					
24	Luboni	Luboni					
25	Vandana	Vandana					
26	Bhavitt Bhatia	Bhavitt Bhatia					

Guru Nanak College, Budhlada  
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Sr.	Name of Student	28/08/2024	30/08/2024	01/09/2024	2/09/2024	9/09/2024	04/10/2024	05/10/2024
27	Riya Rani	Riya Rani	Riya Rani	Riya Rani	Riya Rani	Riya Rani	Riya Rani	Riya Rani
28	Anchal	Anchal	Anchal	Anchal	Anchal	Anchal	Anchal	Anchal
29	Pulkit	Pulkit Kumar	Pulkit Kumar	Pulkit Kumar	Pulkit Kumar	Pulkit Kumar	Pulkit Kumar	Pulkit Kumar
30	Tannu Rani	Tannu Rani	Tannu Rani	Tannu Rani	Tannu Rani	Tannu Rani	Tannu Rani	Tannu Rani
31	Vishal Sardana	Vishal Sardana	Vishal Sardana	Vishal Sardana	Vishal Sardana	Vishal Sardana	Vishal Sardana	Vishal Sardana
32	Preetinder Kaur	Preetinder Kaur	Preetinder Kaur	Preetinder Kaur	Preetinder Kaur	Preetinder Kaur	Preetinder Kaur	Preetinder Kaur
33	Mehak Garg	Mehak Garg	Mehak Garg	Mehak Garg	Mehak Garg	Mehak Garg	Mehak Garg	Mehak Garg
34	Nancy	Nancy	Nancy	Nancy	Nancy	Nancy	Nancy	Nancy
35	Balraj Kaur	Balraj Kaur	Balraj Kaur	Balraj Kaur	Balraj Kaur	Balraj Kaur	Balraj Kaur	Balraj Kaur
36	Manisha	Manisha	Manisha	Manisha	Manisha	Manisha	Manisha	Manisha

Pampreet Kaur  
Coordinator



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## Activity No. 06

Name of Activity:

Presentation and Public Speaking Skills 1. Confidence –

On March 21, 2024

**Presentation and Public Speaking Skills to develop Confidence** – (no. of participants = 65)

Resource Person (02)

1. Gagandeep Kaur (M.Sc.1 Physics)
2. Babandeep Kaur (B.Sc.I Non-medical)

Students develop their confidence significantly through giving presentations, as this process challenges them to enhance both their public speaking and critical thinking abilities. Presenting in front of an audience encourages students to step outside their comfort zones and confront the fears associated with speaking in public. Initially, many students experience anxiety or nervousness at the thought of presenting, but by practicing regularly, they learn to manage these emotions and build greater self-assurance.

The process of preparing for a presentation is an essential factor in boosting confidence. Researching and organizing material requires students to deepen their understanding of the subject matter, which not only equips them with knowledge but also allows them to speak with greater authority. The more prepared they feel, the more confident they are likely to be when presenting. As they organize their ideas and structure their talk, students learn to communicate more effectively and make their content engaging, helping them develop a clearer sense of their own voice and capabilities.

Over time, consistent exposure to presentations helps students overcome initial fears and become more poised speakers. This growing comfort with public speaking not only increases their academic confidence but also prepares them for future professional settings, where communication and presentation skills are invaluable. As students gain more experience, they begin to approach future speaking engagements with greater ease and enthusiasm, further enhancing their overall confidence. Ultimately, giving presentations fosters a strong sense of accomplishment and self-assurance that extends beyond the classroom.

Powerpoint Presentations on Save Water (02)

1. Gagandeep Kaur (M.Sc. I Physics)
2. Babandeep Kaur (B.Sc.I Non-medical)

### **Save Water:**

Water is the most basic need of everyone (human being, animals, plants and other microorganisms). Without water we cannot imagine our life. Each drop of water is a priceless resource. As W. H. Auden said, "Thousands have lived without love, not one without water."





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Now , why we need water conservation?

Despite the fact that water makes up 71% of our planet, only 3% of it is fresh water. Only 1% of the 3% is reachable, with the remaining 2% being trapped in ice caps and glaciers. This means that 1% of all living things on Earth, including people, animals, and plants, must survive entirely on their own.

◦ The importance of water - water as we know is used in all activities for agricultural, it is a crucial source for the growth of plants and crops, for industrial purposes and for commercial purposes, as a mode of transportation, acts as a carrier of goods domestically and internationally and also as a hydropower for the production of electricity. Most importantly, water is useful to carry out all our daily tasks activities like drinking, cooking and cleaning etc.

It is quite disheartening to see the misuse of water. We misuse water heavily in households, industries and even in the agriculture field.

- In 2021, over 2 billion people live in water-stressed countries.
- In 2022, globally, at least 1.7 billion people use a drinking water source contaminated with faeces.

Microbiologically contaminated drinking water can transmit diseases such as diarrhoea, cholera, dysentery, typhoid and polio and is estimated to cause approximately 5,05 ,000 diarrhoeal deaths each year.

How we can save water?

- We may conserve water by preventing water leakages in our taps, hand pumps, water storage tanks etc.
- We should educate the children about water conservation .
- We should follow the latest agricultural methods and technology to avoid heavy water needs.
- Social media has a global reach. What is posted on social media is seen by millions. So, we should use social media for spreading awareness reading water conservation.
- In fun parks, big malls and clubs, we have to ensure that water should not misuse.

Conclusion-

The drinkable water is quite low and if we continue to wastewater at the speed we do today, the day is not far when we will have to fight for water. No matter you are rich or poor; water is a necessity for you. it is not a single person's responsibility to save water . We should avoid the wastage of water only by joining hands.

I would just like to add that when you are thirsty, you do not search for any other beverage, but only for water.



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## NOTICE

Department of Science

It is informed to students that on **21 March 2024** an activity will be organised on topic to "Develop the confidence level in students through presentation", so all the students are informed to reach at 11.00am in "Computer lab no 1".

Thanks

H.O.D

Head  
Deptt. Of Science  
Guru Nanak College  
Budhlada (Mansa)

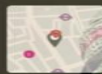




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Mansa, Punjab, India  
Budhlada, Mansa, 151502,  
Punjab, India  
Lat: 29.928041, Long: 75.572852  
03/23/2024 10:23 AM

**Guru Nanak College, Budhlada**  
**Department of Science**

Date: 21 March 24  
Event: Awareness Campaign on Healthy Lifestyle Adaption

Sr. No.	Name of Student	Class	Signature
1	MANMEET BALA	B.Sc (NM/M)	Manmeet
2	RAMANPREET KAUR	B.Sc (NM/M)	Ramanpreet Kaur
3	PREET KAUR	B.Sc (NM/M)	Preet Kaur
4	GAGANPREET KAUR	B.Sc (NM/M)	Gaganpreet Kaur
5	MANJEET KAUR	B.Sc (NM/M)	Manjeet Kaur
6	AMRITPAL KAUR	B.Sc (NM/M)	AMRITPAL KAUR
7	HAPPY SHARMA	B.Sc (NM/M)	Happy Sharma
8	SUMANDEEP KAUR	B.Sc (NM/M)	SUMANDEEP Kaur
9	AKKI KAUR	B.Sc (NM/M)	Akki Kaur
10	SIMRAN KAUR	B.Sc (NM/M)	Simran K
11	PRABHJOT KAUR	B.Sc (NM/M)	Prabhat Kaur
12	NEHA RANI	B.Sc (NM/M)	Neha Rani
13	GAGANDEEP KAUR	B.Sc (NM/M)	Gagandeep Kaur
14	RAMANDEEP KAUR	B.Sc (NM/M)	Ramandeep
15	CHANCHAL	B.Sc (NM/M)	Chanchal
16	SANDEEP KAUR	B.Sc (NM/M)	Sandeep K.
17	MANDEEP KAUR	B.Sc (NM/M)	Mandeep Kaur
18	VANDNA RANI	B.Sc (NM/M)	Vandna Rani
19	SHAINA SAHOTA	B.Sc (NM/M)	Shaina Sahota
20	KASHISH	B.Sc (NM/M)	Kashish
21	ANAMIKA	B.Sc (NM/M)	Anamika
22	DHEERJA GUPTA	B.Sc (NM/M)	Dheerja

Head  
Dept. of Science  
Guru Nanak College  
Budhlada (Mansa)





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23	Rajveer Kaur	B.Sc (NM/M)	Rajveer K
24	Harjeet Kaur	B.Sc (NM/M)	Harjeet Kaur
25	Sukhmandeep Kaur	B.Sc (NM/M)	Sukhmandeep Kaur
26	Barinder Singh	B.Sc (NM/M)	Barinder Singh
27	Bhavinet Kaur	B.Sc (NM/M)	Bhavinet K
28	AMANDEEP KAU	B.Sc (NM/M)	Amandeep Kaur
29	TARUN JINDAL	B.Sc (NM/M)	Tarun Jindal
30	MEENAL	B.Sc (NM/M)	Meenal
31	KOMALPREET KAUR	B.Sc (NM/M)	Komalpreet Kaur
32	YASHIKA GARG	B.Sc (NM/M)	Yashika Garg
33	BEANT KAUR	B.Sc (NM/M)	BEANT KAUR
34	SIMRANJEET KAUR	B.Sc (NM/M)	Simranjeet Kaur
35	SHARANJEET KAUR	B.Sc (NM/M)	Sharanjeet Kaur
36	VEERKARAM KAUR	B.Sc (NM/M)	Veerkaram Kaur
37	NEHA RANI	B.Sc (NM/M)	Neha Rani
38	AMANAT KHIPAL	B.Sc (NM/M)	Amanat
39	JASHANDEEP KAUR	B.Sc (NM/M)	Jashandeep Kaur
40	SUKHANDEEP KAUR	B.Sc (NM/M)	Sukhandeep Kaur
41	RAMINDER BALI	B.Sc (NM/M)	Raminder Bali
42	SUKHPREET KAUR	B.Sc (NM/M)	Sukhpreet Kaur
43	REENA KAUR	B.Sc (NM/M)	Reena Kaur
44	SIMRANJIT KAUR	B.Sc (NM/M)	Simranjit K
45	JASMEEN KAUR	B.Sc (NM/M)	Jasmeen Kaur
46	LOVELEEN	B.Sc (NM/M)	Loveleen
47	HARMANPREET KAUR	B.Sc (NM/M)	Harmarpreet Kaur
48	SNEHA	B.Sc (NM/M)	Sneha
49	SUKHPREET SINGH	B.Sc (NM/M)	Sukhpreet S.

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50	HARVINDER SHARMA	B.Sc (NM/M)	Harvinder Sharma
51	RAJVEER KAUR	B.Sc (NM/M)	Rajveer Kaur
52	PARAMPAL SINGH	B.Sc (NM/M)	Parampal Singh
53	AMRITPAL KAUR	B.Sc (NM/M)	Amritpal Kaur
54	YAKSHI	B.Sc (NM/M)	Yakshi
55	PRABHUOT KAUR	B.Sc (NM/M)	Prabhuot
56	ARCHANDEEP KAUR	B.Sc (NM/M)	Archandeep Kaur
57	JASHANPREET KAUR	B.Sc (NM/M)	Jashanpreet Kaur
58	BEANT KAUR	B.Sc (NM/M)	Beant K
59	DIKSA GOYAL	B.Sc (NM/M)	Diksha Goyal
60	DIMPY RANI	B.Sc (NM/M)	Dimpay
61	JASHANDEEP KAUR	B.Sc (NM/M)	Jashandeep Kaur
62	ARSHDEEP SINGH	B.Sc (NM/M)	Archdeep Singh
63	GURPREET KAUR	B.Sc (NM/M)	Gurpreet Kaur
64	MANDEEP KAUR	B.Sc (NM/M)	Mandeep K
65	MONINDER SINGH	B.Sc (NM/M)	Moninder Singh

Dr. Head  
Dept. Of Science  
Guru Nanak College  
Budhlada (Jalandhar)





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## Activity no. 7

**Name of Activity:** How to improve your Spoken English

**Nature of Activity:**

**Date of Activity:** 23-02-2024

**Description:** The department of Library & Information Science conducted a one day workshop on , “ How to improve your spoken English”. The resources person was Assistant Professor Sonia from department of English. Madam told that improving your spoken English can open doors to better communication, career opportunities, and personal growth. Whether you're a beginner or looking to refine your skills, consistent practice and the right strategies can help you speak English more confidently and fluently. Madam also shared information on different apps like Duolingo, Babbel, or Memrise, which provide interactive lessons and speaking exercises to help you improve your spoken English.

**Brochure:**





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## GURU NANAK COLLEGE, BUDHLADA

### Attendance Sheet


Name of Activity: How to build up your vocabulary in English Language

Date: 12/03/2024

Session: 2023-24

Sr.no.	Name	Department	Signatures
1.	Anshdeep Singh	Library Sci	Anshdeep Singh
2.	Pandeep Singh	Library Sci	Pandeep Singh
3.	Jaspreet Kaur	Library Sci	Jaspreet Kaur
4.	Pandeep Kaur	Library Sci	Pandeep
5.	Navjot Kaur	Library Sci	Navjot
6.	Kulveer Kaur	Library Sci	Kulveer Kaur
7.	Veerpal Kaur	Library Sci	VK
8.	Satnam Singh	Library Sci	Satnam Singh
9.	Varinder Singh	Library Sci	Varinder
10.	Kamalpreet Kaur	Library Sci	KB
11.	Kamal Bansal	Library Sci	Kamal
12.	Gurwinder Singh	Library Sci	GS
13.	Manvjit Kaur	Library Sci	Manvjit
14.	Ravi Singh	Library Sci	Ravi Singh
15.	Navdeep Singh	Library Sci	Navdeep Singh
16.	Noratan Singh	Library Sci	Noratan
17.	Bhinder Singh	Library Sci	BSingh
18.	Bandu Singh	Library Sci	Bandu
19.	Lovepreet Singh	Library Sci	Love
20.	Parbpal Singh	Library Sci	Parbpal
21.	Meetika	Library Sci	Meetika

Head of Department

  
 Head  
 Dept. of Library & Information Science  
 Guru Nanak College, Budhlada (Manasa)





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## GURU NANAK COLLEGE BUDHLADA

Department of Library and Information Science

Session: .....2223-24.....

### Feedback Performa

Name of Activity: *How to build up your Vocabulary in English Language* Date: *23-03-24*

Sr.No	Name of Student	Class	Roll no.	Feedback	Signatures
1.	Kamalpreet Kaur	B.Lib	8026	Teachers provide specific details about the projects	Kamal Kaur
2.	Lovepreet Singh	B.Lib	8001	very impressive and good style of teaching	Lovepreet Singh
3	Parbpal Singh	B.Lib	8043	features are very good and exactly on the time	Parbpal Singh
4.	Beant Kaur	B.Lib	8027	Motivates the students and improving their life skills	Beant Kaur
5	Naijot Kaur	B.Lib	8028	Good teaching style and attractive their teaching style and skills.	Naijot Kaur

HoD

*[Signature]*

Head  
Dept. of Library & Information Science  
Guru Nanak College, Budhlada (Mansa)